Peg-Assist™ Instruction Card

1. Remove black insole.
2. Insert Peg-Assist™ Insole.
3. Circle off-loading site.
4. Imprint on blue side.
3. Remove pegs beneath marking.*

4. Attach stabilizer board to peg side.
   (Peel white paper to reveal adhesive)

5. Reinsert Peg-Assist™ Insole.

*To avoid risk of tearing top layer of Poron, please remove pegs slowly.